

IOANNA XENOPHONTOS

WORK EXPERIENCE

Cyprus Neuroscience and Technology Institute - Future Worlds Center

- **Dates:** 1st January 2017-present
- **Position:** Safer Internet Helpline Counsellor & Research Associate
- **Main Activities and Responsibilities:** operating in the Safer Internet Helpline cases via phone, chat and email on online related issues. Also involved in awareness raising activities, workshops and seminars for online safety.
- She is an active member of New Media Lab unit involved mainly at the CyberSafety project and other projects of the unit.

EDUCATION

University of Kent, UK, 2013-2016

- **Degree:** Bachelor of Science with Honours (BSc)
- **Fields of Study:** Psychology
- **Title Earned:** BSc with Honours in Psychology
- **Selected Modules:** Advanced Developmental, Motivation, Psychology of Music, Applied Psychology, The Neuroscience of Cognitive Disorders, Child Development, Personality, Cognitive Psychology, Biological Psychology, Social Psychology of the Individual/Groups, Psychology Statistics and Practical.
- **Diploma thesis:** The Distractibility of Sexual Images

The English School, Nicosia – Cyprus, 2007-2013

- **Degree:** 4 A-levels and 11 IGCSEs
- **Core Modules:** Mathematics, Greek, Biology and Chemistry

WORKSHOPS – SEMINARS

- **Safer Internet Training for Helpline Counsellors, January 2017, Nicosia, Cyprus**
 - ✓ Online Dangers
 - ✓ Online Safety
 - ✓ Precautions of online danger
 - ✓ How social networks and Cyberspace work

- ✓ Basic Principles of Counselling
- ✓ Internet Policies
- ✓ Technical Settings including filtering and parental controls, anti-virus, spam.

SKILLS AND COMPETENCES

Personal Skills and Competences

- **Mother Tongue:** Greek
- **Other Language:** English (B in IGCSE English Language taken as a first language)

Social Skills and Competences

- Adaptable to multicultural environments
- Good communication and interpersonal skills

Organisational Skills and Competences

- Leadership
- Team management
- Decision making skills

Computer Skills and Competences

- ECDL certificate gained (basic knowledge in word processing, spreadsheets, database and presentation)

INTERESTS

Academic

- e – Learning
- International Affairs
- Security
- Mental Health Issues
- Neuroscience and Cognitive Psychology

Social

- Volunteering in health, educational and cultural societies
- Internet Awareness
- Public relations and events management

Sports

- Dancing (ballet and Latin)
- Swimming
- Pilates

Other

- Traveling
- Cooking
- Ceramics